

MAY 2023 Lunch Menu

Any questions or concerns about the menu please contact Christy Johnson at cjohnson@spencersacredheart.com or at 712-262-6428

This Menu is subject to change without notice depending on availability or quality of product

Monday

Breakfast: Snack Bread 1

Lunch: Country Fried Steak, Gravy, WG Roll, Peas, Tropical Fruit

Breakfast: WG Pancakes 8

Lunch: Meatloaf, Mashed Potatoes, WG Biscuit, Carrots, Peaches

Breakfast: Pop Tart 15

Lunch: Hot Ham & Cheese, Mashed Potatoes, Green Beans, Applesauce

Breakfast: Yogurt & WG Muffin 22

Lunch: Corn Dogs, WG Chips, Carrots, Applesauce

NO SCHOOL

Tuesday

Breakfast: Sausage Pancake 2

Lunch: Buffalo Chicken in a bag (Dorito), Corn, Pears. (lettuce & Cheese)

Breakfast: Ham Combo 9

Lunch: Mac & Cheese, Little Smokies, Romaine Lettuce, Butter Bread, Raisins

Breakfast: Bagel 16

Lunch: Beef Nachos, RF Beans, (Lettuce, Cheese) Peas, Pears

Breakfast: Cereal 23

Lunch: Chicken Nuggets, WG Bread stick, Corn, Whole Fruit Cups

Breakfast: Pop Tart 30

Lunch: Chicken Patty W/Bun, Potato Wedges, Mixed Fruit

Wednesday

Breakfast: Sandwich 3

Lunch: Hot Dog W/Bun, Tater Tots, Baked Beans, Peaches

Breakfast: Donuts 10

Lunch: Pancake Sausage Stick, Yogurt, Tri-Tater, Green Beans, Applesauce

Breakfast: WG Waffles 17

Lunch: Lunch Meat Sandwich, WG Chips, Carrots, Apple

Breakfast: Sandwich 24

Lunch: Sloppy Joes, Tri-Tater, Baked Beans, Peaches

Breakfast: Cereal 31

Lunch: PBJ's, WG Chips, Carrots, Apple Slices.

Thursday

Breakfast: Cereal Bar 4

Lunch: Chicken, Mashed Potatoes, Romaine Lettuce, Fruit Gel

Breakfast: Pop Tart 11

Lunch: Orange Chicken, Rice, Red Pepper Slices, Mandarin Oranges

Breakfast: Cereal 18

Lunch: Beef Dippers, Potato wedges, Mixed Veggies, Orange Slices

Breakfast: Granola Bar, Yogurt 25

Lunch: Mr. Rib W/Bun, Mashed Potatoes, Peas, Fruit Gel

Friday

Breakfast: Ham Slice, Toast 5

Lunch: Pizza, WG Breadstick, Mixed Veggies, Pineapple & Blueberries

Breakfast: Cereal 12

Lunch: Cheeseburger W/Bun, WG Chips, Baked Beans, Mixed Fruit

Breakfast: Scrambled Egg & Ham 19

Lunch: Cheese Bread, Marinara Cup, Corn, Mango

Breakfast: Ham Combo 26

Lunch: Crispito, Green Beans, WG Churro, Mixed Fruit

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

All breakfasts are served with a choice of 1% white or low fat chocolate milk, juice and fruit
All lunches are served with a choice of 1% white milk or low fat chocolate milk

Eat some breakfast and change the world!!

Breakfast served from 7:40-8AM every day. Cost \$1.85 Reduced .30